

ADVANCED ELECTROLYTE BLEND



HYDRATION FUEL

LEMON-LIME NON-GMO



3g

BCAA'S
PER SERVING



USE AT
ANYTIME

30g

NON-GMO
COMPLEX CARBS



D-RIBOSE
ENERGY

2.5g

GLUTAMINE
PER SERVING

SUGGESTED USE: Take the entire packet of Hydration Fuel with 12 to 22 oz. of water prior to your activity. Drink multiple servings per day as necessary to keep your body hydrated.

Hydration Fuel is a clean and healthy performance based electrolyte blend intended to be used by all ages.

FAMILY FIRST

At Ryno Power we are committed to using the highest quality, natural, and safe ingredients. We wanted to offer a performance hydration drink that you can trust, drink everyday, and feel comfortable giving to your children and family members. We have all the best ingredients you need to compete at the highest level.*

BCAA'S

When you are training to develop a stronger, more powerful body, it is essential to stimulate and fuel your muscles at the cellular level. BCAA's are a safe and natural way to reduce muscle fatigue, speed recovery, decrease the loss of other amino acids from muscle during exercise and help the body absorb protein.*

ELECTROLYTES

Supporting your body's natural way of cooling itself, if you're lacking Electrolytes, your body will stop sweating, slowing core temperature to rise and in extreme cases, causing heat stroke. Electrolytes are essential for keeping your body functioning properly during any activities you are involved in throughout the day.*

D-RIBOSE

D-Ribose is an all natural ingredient and already occurring in your body. D-Ribose fuels ATP which acts as the motor of your cells. When our bodies are stressed by exercise, our cells cannot recover until enough Ribose is made to stimulate ATP. D-Ribose allows your cells to function at a high level because they don't need to look for fuel!*

Carte-Fuel	Sodium	Calcium	Potassium	Magnesium
30 g	333 mg	40 mg	85 mg	24 mg

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RYNO POWER 7374 CONVOY CT., SAN DIEGO, CA 92111

Supplement Facts

Serving Size: 45 g Servings Per Container: 1

Calories 152	Amount Per Serving	%DV
	Calories from Fat 0	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	0%
Cholesterol	0 g	0%
Sodium	333 mg	14%
Total Carbohydrates	40 g	13%
Dietary Fiber	0 g	0%
Sugars	9 g	10%
Potassium	85 mg	2%
Calcium	40 mg	4%
Magnesium	24 mg	6%
	%DV	%DV
Vitamin D3	220 IU	56%
Vitamin C	25 mg	42%
Zinc	1 mg	3%
	BCAA Blend	3 g
	(Leucine, Isoleucine, Valine)	
	L-Glutamine	2.5 g

* Daily value not established.
* Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: Non-GMO Glucose Polymers from Corn, Non-GMO Complex Carbohydrates, Organic Evaporated Cane Juice, BCAA Muscle Recovery Blend 2:1:1 (Leucine, Isoleucine, Valine), L-Glutamine, D-Ribose, Non-GMO Natural Flavors, Electrolyte Blend (Sodium Chloride, Tri-Sodium Phosphate, Potassium (as Potassium Citrate), Calcium (as Calcium Citrate), Magnesium (as Magnesium Citrate), Vitamin C, Zinc, Vitamin D3, Stevia, Natural Colors from Fruits and Vegetables.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent from any disease.

WHAT IS GLUTAMINE?

Glutamine is a naturally occurring amino acid in your body. During intense training, Glutamine levels are greatly depleted, which decreases strength, stamina and recovery. With 2.5g of Glutamine in Hydration Fuel, we keep your levels where they need to be for maximum performance.*

BEFORE: Hydrate and Fuel your body with the proper nutrients before you exercise.

DURING: Keep your body functioning at optimal levels with electrolytes and carbs.

AFTER: Repair and replenish the nutrients that were lost in your activity.



Manufactured in the USA



DIETARY SUPPLEMENT NET WT 45G