Directions: Adults take one (1) to two (2) capsules daily, preferably before or between meals. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care/lab providers.

Lot No:

Best by:

01I20NDN

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Supplement Facts

Serving Size 2 capsules
Servings Per Container 30

Amount Per Serving		% Daily Value
Vitamin C (from ascorbic acid, potassium ascorbate, calcium ascorbate, magnesium ascorbate, zinc ascorbate, manganese ascorbate, copper ascorbate, chromium ascorbate)	60 mg	67%
Thiamin (vitamin B1) (as thiamine hydrochloride, thiamine cocarboxylase chloride)	26 mg	2,167%
Riboflavin (vitamin B2)(as riboflavin, riboflavin 5' phosphate)	37 mg	2,846%
Niacin (as inositol hexaniacinate, Nicotinamide Adenine Dinucleotide Reduced [NADH])	53 mg	331%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal 5' phosphate, pyridoxine alpha-ketoglutarate hydrochloride)	50 mg	2,941%
Folate (as folic acid, (6S)-5-Methyltetrahydrofolate-glucosamine salt)	360 mcg DFE (216 mcg folic acid)	90%
Vitamin B12 (as methylcobalamin)	400 mcg	16,667%
Biotin (as d-Biotin)	300 mcg	1,000%
Pantothenic Acid (as calcium d-pantothenate, pantethine)	76 mg	1,520%
Benfotiamine	25 mg	*
BioPQQ® (as Pyrroloquinoline quinone disodium salt)	5 mg	*
Nicotinamide Adenine Dinucleotide Reduced [NADH]	500 mcg	*

* Daily Value not established.

From the leader in Vitamin B-complexes, comes Country Life's most advanced, powerful and revolutionary B-Complex that is "coenzymated" in a form that the body can use.

CAUTION: Not for use by women intending to become pregnant, pregnant, or lactating. If you have a medical condition (including diabetes or hypoglycemia), taking medication or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent No. 7,947,662.

BioPQQ® is the trademark of MGC (Japan).

This product has been manufactured at a GMP Registered facility.

Quatrefolic®

**** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Certified B Corporation — Certified GF Gluten-Free

Other Ingredients: Cellulose, cellulose (capsule shell), silica, rice bran extract, vegetable glaze, sunflower oil. † Country Life always labels minerals in elemental weight.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES CERTIFIED VEGAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER
NO YEAST, WHEAT, SOY, MILK OR SUGAR
NO PRESERVATIVES OR ARTIFICIAL COLORS
NO ARTIFICIAL FLAVORS OR SWEETENERS
NO MAGNESIUM STEARATE

Do not accept if seal is broken.
Store in a dry place between 59°-86° F.
Keep out of the reach of children.

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway,
Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 6402

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COENZYME B-COMPLEX ADVANCED

Certified Gluten-Free

Supports increased energy production**
Supports sugar metabolism**
With Benfotiamine, PQQ and NADH

Dietary Supplement | **60 Vegan Capsules** | Our PLEDGE of INTEGRITY — AUTHENTICITY • CLEANLINESS • FRESHNESS CONSISTENCY • ACCURACY

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Looking for an energy boost**, also try....

Methyl B12

- Supports energy and stamina**
- In great tasting berry flavor
- Lozenge

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From the leader in Vitamin B-complexes, comes Country Life's most advanced, powerful, and revolutionary B-Complex that is "coenzymated" in a form that the body can use.

B1 B2 B3 B5 B6 B9 B12 — B

Powered by
7 Coenzymated B Vitamins**

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ΔBased on SPINSscan Natural, 52 weeks ending 8/11/19.

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01H20NDN

This formula includes the next generation of essential B-Vitamins and supports increased energy production, nervous system support, and sugar metabolism.**

NADH

Country Life is unique to include NADH, which is its own true coenzyme.

BioPQQ® Made in Japan

Proposed as the next essential B-Vitamin, PQQ has been shown to help increase mitochondria and energy production**

NEXT LEVEL B1

Benfotiamine is known as the next level Vitamin B-1 that quickly converts in the body due to its fat solubility.**

Quatrefolic®

Our Methylfolate is a patented form called Quatrefolic®, a new and improved fourth generation of folate that is seen in many of our Coenzyme B-complex formulas.

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Dietary Supplement | **60 Vegan Capsules** | Our PLEDGE of INTEGRITY — AUTHENTICITY • CLEANLINESS • FRESHNESS CONSISTENCY • ACCURACY

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