Endurance is designed to enhance all workouts all the time. It is formulated from years of research and development to find the best, most effective ingredients. Take Endurance and open your blood vessels to deliver more oxygen and remove more lactic acid during workouts and competitions! Our unique blend of Rhodiola and Rosea extracts combined wth Cordyceps and ActiGin offer premier performance and let you train or compete for hours.

SUGGESTED USE: Take 5 capsules 45 minutes before exercise activity. During extended activity you may take 2 to 3 capsules for each hour of activity.

CONTAINS NO ADDED SUGAR, STARCH, WHEAT, YEAST, PRESERVATIVES, ARTIFICIAL COLOR OR FLAVOR KEEP OUT OF REACH OF CHILDREN, STORE IN A COOL DRY PLACE

*These statements have not been evaluated by the Food and Drug Administration
This product is not intended to diagnose, treat, cure, or prevent from any disease.



Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and egistered trademark CarnoSyn®





UNLEASH POWER, STRENGTH, & ENDURANCE SUPPLEMENT FACTS



WITH NATURAL VEGGIE CAPS









125 CAPSULES Dietary Supplement Made in California

Amount	Per Serving	%DI
Thiamine (Vitamin B1)	600 mcg	409
Riboflavin (Vitmain B2)	800 mcg	479
Niacin (Vitamin B3)	8 mg	409
Vitamin B6 (from Pyridoxal 5-Phosphate)	600 mcq	309
Biotin	200 mcg	679
Pantothenic Acid (Vitamin B5 as Calcium D-pantothenate)	4 mg	409
Magnesium (from Magnesium Phosphate Dibasic)	50 mg	129
Chromium (from Chromium Picolinate)	400 mcg	333%
L-Arginine Keto-Isocaproate	400 mg	
L-Omithine Alpha-Ketoglutarate	200 mg	
L-Glycine L-Glycine	80 mg	52
L-Carnosine	30 mg	
N.N-Dimethylglycine HCl	50 mg	
Betaine Anhydrous	120 mg	
Vanadium (as Vanadium Citrate)	800 mcg	
Cordyceps CS-4 (Cordyceps sinesis) (Pycela biomass) minimum 7% cordyceps a sid	600 mg	
Product Rhodiola Rosea (root) minimum 5% Rosevins	200 mg	
Deta-Alanine (CarnoSyn*)	500 mg	
Citruline Malate	250 mg	
Coenzyme Q10	50 mg	
R-Lipoic Acid (Sodium R-lipoate)	25 mg	
DidUK PEDDER Extract (Biography)	5 mg	
ActiGin TM	50 mg	

† Daily values not established Other Ingredients: Vegetable Capsules (Plant Celuiose & Water), Natural Colors, Brown Rice Powde Bioperine* is a trademark of Sabinsa Corporation Actigin™ is a trademark of Nu Liv Science