



Foundational



Sports Performance†

SUGGESTED USE: Mix 1 scoop with at least 8 ounces of water, juice, or preferred beverage daily or as recommended by your health-care practitioner.

TAMPER EVIDENT: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

If pregnant, consult your health-care practitioner before using this product.



GLUTEN FREE

THORNE.COM

THORNE®

Whey Protein Isolate
Chocolate Flavored

DIETARY SUPPLEMENT



NET WT. 31.9 OZ.
(1.99 LB.) 906 G

SUPPLEMENT FACTS

Serving Size: One Scoop (30.2 g)
Servings Per Container: 30

Each Scoop (30.2 g) Contains:	%DV	
Calories	100	
Total Fat	1 g	1%*
Saturated Fat	0.5 g	3%*
Cholesterol	10 mg	3%*
Total Carbohydrate	4 g	1%*
Dietary Fiber	1 g	4%*
Total Sugars	2 g	**
Includes 1 g Added Sugars		2%*
Protein	21 g	42%*
Calcium	69 mg	5%
Iron	1 mg	6%
Sodium	105 mg	5%
Potassium	200 mg	4%
Proprietary Blend	30 mg	
Bromelain†		**
Papain††		**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Whey Protein Isolate, Alkalized Cocoa Powder, Flavors, Evaporated Cane Juice Sugar, Sunflower Lecithin, Stevia extract (leaf) (Rebaudioside A 95%), Xanthan Gum, Carboxymethylcellulose Gum.

Contains ingredient derived from milk (whey protein isolate).

manufactured by: THORNE RESEARCH, INC. 1-800-228-1966

Typical Amino Acid Amounts (g)
Per Serving:

Alanine	1.0
Arginine	0.6
Aspartic Acid	2.1
Cysteine	0.5
Glutamic Acid	3.6
Glycine	0.4
Histidine ▲	0.4
Isoleucine ▲	1.2
Leucine ▲	2.2
Lysine ▲	1.9
Methionine ▲	0.5
Phenylalanine ▲	0.7
Proline	1.2
Serine	1.1
Threonine ▲	1.4
Tryptophan ▲	0.4
Tyrosine	0.6
Valine ▲	1.2

▲ Essential Amino Acid

†Bromelain is derived from the pineapple plant (*Ananas comosus*). †† An enzyme derived from Papaya (*Carica papaya*).

‡This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



SP110
LSP11007