

IMMEDIATE & SUSTAINED ENERGY

CHARGE LIFE™



SPORTS SUPPLEMENTS

CARBO-FUEL

COMPLEX CARBOHYDRATES



INSTANT
ENERGY



GLUTEN
FREE



USE AT
ANYTIME

50g
COMPLEX
CARBOHYDRATES

DIETARY SUPPLEMENT

NET WT 2 LBS (907 G)

DIRECTIONS FOR USE:

MIX 2 SCOOPS OF RYNPOWER
CARBO-FUEL WITH 6-12 OZ. OF
WATER BEFORE AND AFTER
YOUR ACTIVITY

SHAKE UNTIL BLENDED

ADD TO PROTEIN ANYTIME

NON-GMO PURE COMPLEX CARBOHYDRATES

INSTANTLY REPLACE LOST
GLUCOSE AND CARBOHYDRATES

INSTANTLY RESTORES MUSCLE
GLYCOGEN AND FACILITATES
MUSCLE-BUILDING AND REPAIR

SIP THROUGHOUT YOUR BREAKS
TO HELP YOU FEEL FRESH
THROUGHOUT TRAINING*

NO SUGAR, FAKE SUGARS,
COLDINGS, OR FLAVORINGS

ADD TO PROTEIN ANYTIME

USE THIS CHART TO DETERMINE CARB-INTAKE

Caloric requirements for different body weights and training & racing durations	BODY WEIGHT IN LBS	DAILY TRAINING HOURS OR RACE DURATION						
		2	3	4	5	6	7	
This customer needs approx. 1800 Calories	110	300	400	500	600	700	800	
	132	400	500	600	700	800	900	
	154	500	600	700	800	900	1,000	
	176	600	700	800	900	1,000	1,100	
	198	700	800	900	1,000	1,100	1,200	
	220	800	900	1,000	1,100	1,200	1,300	

1 Scoop of CARBO-FUEL = 0.9 oz. or 25 grams = 100 calories (approximately)

SUPPLEMENT FACTS

Serving Size: 2 Scoops = 1.8 oz. (50 g)
Servings Per Container: 18

Amount Per Serving	Calories from Fat 0	
Calories 200	% Daily Value*	
Total Fat	0g	0%
Saturated Fat	0g	0%
Cholesterol	0g	0%
Sodium	0mg	0%
Potassium	0mg	0%
Total Carbohydrate	50 g	18%
Dietary Fiber	0g	0%
Sugars	0g	0%
Protein	0g	0%

*Percent Daily Values are based on a 2000 calorie diet.

INGREDIENTS: Pure glucose polymers extracted from Non-GMO Corn. Contains no preservatives, color, dairy, gluten, soy, sweeteners, or yeast.

WARNING: Diabetics may use only under a physician's supervision.

100% PURE.

NO ADDITIVES
NO PRESERVATIVES
NO COLORING

CARBO-LOADING

You may carbo-load with **CARBO-FUEL** for two to three days before a major event. One (1) or two (2) scoops in 12 oz. of cold water, twice a day. Once in the morning and once in the evening should be sufficient.

RACE/COMPETITION

CARBO-FUEL allows endurance athletes to adjust CARBs intake based on training or competition distance. A 150 lb. athlete needs at least 300 calories per hour of activity @ 2 calories per hour, per lb. of body weight. One scoop of **CARBO-FUEL** provides 100 calories of energy.

CONDITIONING/TRAINING

Two (2) or three (3) scoops in 10 oz. to 16 oz. of cold water. Drink 30 minutes BEFORE and repeat 30 minutes AFTER your workout. Remember to add **CARBO-FUEL** to post-training protein shake.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CARBO-FUEL • RYNO POWER ELECTROLYTES
YOUR ANTI-FATIGUE SUPPLEMENT SOLUTION

FOLLOW US:



RYNO POWER 7374 CONVOY CT., SAN DIEGO, CA 92111



6 54367 76880 0