

DIRECTIONS: Take 1 tablet daily with food as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

Protect from heat, light & moisture.

Store in a cool, dry place.

Do not purchase if seal is broken.

MADE IN THE U.S.A. FROM GLOBALLY SOURCED INGREDIENTS.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more info, visit us at www.windmillvitamins.com

ITEM: 141 / TC: 310018506N2



SUSTAINED RELEASE **B-COMPLEX 50**

Pharmacist Recommended

**Nervous System Support†
Promotes Cellular Energy†**

60 TABLETS | DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	%Daily Value
Vitamin B1 (as thiamin HCl)	50 mg	4,167%
Vitamin B2 (as riboflavin)	50 mg	3,846%
Niacin (as niacinamide)	50 mg	313%
Vitamin B6 (as pyridoxine HCl)	50 mg	2,941%
Folate (as folic acid)	167 mcg (DFE)	42%
Vitamin B12 (as cyanocobalamin)	50 mcg	2,083%
Biotin	50 mcg	167%
Pantothenic acid (as D-calcium pantothenate)	50 mg	1,000%
Choline (as choline bitartrate)	50 mg	9%
Inositol	50 mg	*
PABA (para-aminobenzoic acid)	30 mg	*
Base blend:	1 mg	*
Alfalfa leaf, parsley leaf, rice bran, soy lecithin, watercress leaf		

*Daily value not established.

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, magnesium stearate, silica, vegetable stearin and coating (hypromellose, glycerine, carnauba wax, talc). Contains Soy.



**SUGAR, WHEAT, MILK, ARTIFICIAL COLORS,
FLAVORS OR PRESERVATIVES**

Distributed by
Windmill Health Products®
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West Caldwell, NJ 07006

