



Inositol (Vitamin B8)

Derived from corn

Storage: Keep dry, cool & dark

100g (3.53oz)

Lot Number:

Date of manufacture

Supplement Facts

Serving Size 600 milligrams

Servings per container: about 166

Amount Per Serving	% Daily Value**
--------------------	-----------------

Inositol (Vitamin B8)	x
-----------------------	---

600 mg	
--------	--

* Daily Value not established.

** Based on 2,000 calorie diet

Other Ingredients: None

Free of: sugar, soy, dairy, yeast, gluten, and additives.

Directions: As a dietary supplement, take 600 mg (scant 1/4 tsp) daily, or as directed by physician.

US Standard Measuring Spoons

Spoon Size (level)	milligrams
1/8 teaspoon	341
1/4 teaspoon	683
1/2 teaspoon	1368

Warning: This product is not intended for use by those with a serious medical condition or pregnant or lactating women. Consult your physician before use. Keep out of reach of children.