



Vitamin-D 5000 IU

Helps Maintain Strong Healthy Bones
Supports Immune Health*

30 VEGI-CAPS | 1 MONTH SUPPLY

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	%Daily Value
Vitamin D3 (as cholecalciferol) (125 mcg)	5000 IU	625%

Other Ingredients: microcrystalline cellulose, HPMC (vegetable capsule)

Formulated & Distributed By
Pure Essence Laboratories, Inc.,
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PureEssenceLabs.com
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While studies show that 2,000 IU - 10,000 IU of vitamin D per day may be needed for optimal health, most Americans get less than 400 IU. Vitamin D supports:

- ✓ Healthy Bones & Brain Function*
- ✓ Immune & Cardiovascular System*
- ✓ Healthy Blood Sugar Levels
- ✓ Bowel Movements*
- ✓ Breast & Prostate Health*

Vitamin D also helps the body absorb calcium and deposit it into the bones.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Does NOT Contain:
wheat, milk, tree nuts,
peanuts, soy, eggs, fish,
shellfish



Suggested Use: One tablet per day, with meals.

Storage: Keep closed in a cool, dry place.

Caution: Keep all supplements out of children's reach. People diagnosed with sarcoidosis should consult their physician when taking any vitamin D supplement that contains more than 2000 IU.



EXPIRATION & LOT #

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