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Best by:



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** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: Adults take one (1) to two (2) capsules daily, preferably before or between meals. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care/lab providers.

Lot No:

Supplement Facts

Serving Size 2 capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Thiamin (Vitamin B1) (as thiamine HCl, thiamine coarsely-chloride)	50 mg 4,167%
Riboflavin (Vitamin B2) (as riboflavin, nicotinamide 5'-phosphate)	50 mg 3,846%
Niacin (as inositol hexanic acid)	100 mg 625%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal 5'-phosphate, pyridoxine alpha-ketoglutarate hydrochloride)	50 mg 2,941%
Folate (from 1,228 mcg L-5-Methyltetrahydrofolate - calcium salt)	667 mcg DFE 167%
Vitamin B12 (as cyanocobalamin, methylcobalamin)	500 mcg 20,833%
Biotin (as D-Biotin)	200 mcg 667%
Pantothenic Acid (as calcium D-pantothenate, panthothine)	50 mg 1,000%
PEBA (para-aminobenzoic acid)	50 mg *
Phosphatidylcholine (from sunflower lecithin)	34 mg *
Inositol (from 130 mg inositol hexanic acid)	27 mg *
alpha-Lipoic Acid	100 mcg *

* Daily Value not established.

Other Ingredients: Cellulose (capsule shell), cellulose, silica, rice bran extract, vegetable glycerine, sunflower oil.

This product has been manufactured at a GMP Registered facility.

CAUTION: If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Manufactured by Country Life, LLC

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(USA)

CountryLifeVitamins.com

Product No. 6418

ESTABLISHED
— 1971 —
**Country
Life**

COENZYME B-COMPLEX CAPS

Certified Gluten-Free

- With L-5-Methyltetrahydrofolate
- Supports Energy**

**Dietary
Supplement**

**60 Vegan
Capsules**

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY