



ANCIENT NUTRIENTS

Vitamin K2

90mcg K2 (MK-7)
Ancient Superfoods
Adaptogenic Herbs
Schisandra Extract



WHOLE FOOD DIETARY SUPPLEMENT
60 CAPSULES

Suggested Use: Adults take 1 capsule per day with 8oz of water or your favorite beverage. Can be taken with or without food.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

	Amount Per Serving	%DV
Vitamin K (as menaquinone-7)	90 mcg	75%
Ancient Nutrients TCM Blend	650 mg	+
Organic Astragalus Root Extract, Bovine Liver, Beef Bone Broth, <i>Hericium erinaceus</i> (Lion's Mane) Mushroom Extract, Organic Polygala Root Extract, Organic Schisandra Berry Extract, Organic Reishi Mushroom Extract, Chicken Bone Broth, Wild Hake Roe		
+ Daily Value (DV) not established.		

Other ingredients: *Saccharomyces cerevisiae*, gelatin.

CONTAINS: Hake.

Do not use if product has been opened or tampered with in any way.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, or are otherwise under medical supervision. Store in a cool, dry place. Do not use if product has been opened or tampered with in any way. **Keep out of reach of children.** Contains no filler ingredients, artificial flavors, colors, sweeteners or preservatives.

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Manufactured for:



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