

Coenzyme B-Complex contains essential B Vitamins in its active, "coenzymated" form. This complex that you've known and loved for over 15 years includes Methylfolate – one of the most advanced forms currently available. And as always, you don't need to worry about the typical Vitamin B taste or odor.

**** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

YES	CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO	YEAST, WHEAT OR SOY
YES	CERTIFIED VEGAN BY THE AVA	NO	MILK OR SUGAR
YES	RECYCLABLE PACKAGING	NO	PRESERVATIVES
YES	MANUFACTURING SUPPORTS	NO	ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
YES	WIND POWER	NO	MAGNESIUM STEARATE
YES	KOSHER	NO	GMOs

This product has been manufactured at a GMP Registered facility.

Lot No:

Best by:

01120NDN



Dietary Supplement

240 Vegan Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
**Country
Life**

COENZYME B-COMPLEX CAPS

Certified Gluten-Free

- With L-5-Methyltetrahydrofolate
- Supports Energy**

Directions: Adults take one (1) to two (2) capsules daily, preferably before or between meals. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care/lab providers.

Supplement Facts

Serving Size 2 capsules
Servings Per Container 120

Amount Per Serving	% Daily Value	
Thiamin (vitamin B1) (as thiamine hydrochloride, thiamine cocarboxylase chloride)	50 mg	4,167%
Riboflavin (vitamin B2) (as riboflavin, riboflavin 5' phosphate)	50 mg	3,846%
Niacin (as inositol hexaniacinate)	100 mg	625%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal 5' phosphate, pyridoxine α -ketoglutarate hydrochloride)	50 mg	2,941%
Folate (from 1,228 mcg L-5-Methyltetrahydrofolate - calcium salt)	667 mcg DFE	167%
Vitamin B12 (as dibenzozide, methylcobalamin)	500 mcg	20,833%
Biotin (as d-Biotin)	200 mcg	667%
Pantothenic Acid (as calcium d-pantothenate, pantethine)	50 mg	1,000 %
PABA (para-aminobenzoic acid)	50 mg	*
Phosphatidylcholine (from sunflower lecithin)	34 mg	*
Inositol (from 130 mg inositol hexaniacinate)	27 mg	*
α -Lipoic Acid	100 mcg	*

* Daily Value not established.

Other Ingredients: Cellulose (capsule shell), cellulose, silica, rice bran extract, vegetable glaze, sunflower oil. **CAUTION:** If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur. **Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.**

Manufactured by Country Life, LLC
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