UNCONDITIONALLY GUARANTEED for purity and labeled potency. Store bottle in a cool, dry place.

Precautions: Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications. Taking this product without food may cause stomach upset. Discontinue use and consult your doctor if any adverse reactions occur. For adults only.

Keep out of reach of children.

Due to the nature of these ingredients, color variation may occur.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





Zinc 50 mg

Suggested Use: As a dietary supplement, take 1 tablet daily with a meal

Supplement Facts

Serving Size: 1 Tablet Servings Per Container: 90

Amount Per Serving % Daily Value
Zinc (as zinc citrate) 50 mg 273%

Other ingredients: Microcrystalline cellulose, cellulose, magnesium stearate, odicalcium phosphate, stearic acid, silica, croscarmellose sodium

Distributed by Healthy Directions, Bethesda, MD 20817 www.healthydirections.com

Please see bottom of bottle for Lot No. and Expiration [

DIETARY SUPPLEMENT • 90 TABLETS