

UNCONDITIONALLY GUARANTEED for purity and labeled potency. Store bottle with cap tightly closed in a cool, dry place.

Precautions: Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications. Taking this product without food may cause stomach upset. Discontinue use and consult your doctor if any adverse reactions occur. Discontinue use two weeks prior to surgery. For adults only.

Keep out of reach of children.

Due to the nature of these ingredients, color variation may occur.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Vitamin C + Zinc

DIETARY SUPPLEMENT • 60 CAPSULES

Suggested Use: As a dietary supplement, take 1 or 2 capsules daily with a meal.

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

Amount Per Serving	% Daily Value	
Vitamin C (as ascorbic acid)	500 mg	556%
Zinc (as zinc citrate)	14 mg	127%

Other ingredients: Rice flour, hypromellose, magnesium stearate

Distributed by Healthy Directions, Bethesda, MD 20817
www.healthydirections.com

Please see bottom of bottle
for Lot No. and Expiration Date.

SKU: VIZ 02 C10000, 2020 R-1

Almost out? Call **1-866-599-9491**
www.HealthyDirections.com