



## Grape Seed Extract Pure

Derived from  
*Vitis vinifera L.* seeds

Consult your health professional before use.  
Do not use with blood-thinning agents.  
Discontinue use after 12 weeks.

Storage: Keep dry, cool & dark

**100g (3.53oz)**

Lot Number:

**Date of manufacture**

## Supplement Facts

Serving Size 200 milligrams  
Servings per container: 500

Amount Per Serving	% Daily Value**
Grape Seed Extract 200mg	*
Standardized to contain > 90% Proanthocyanidins 180 mg	*

\* Daily Value not established.  
\*\* Based on 2,000 calorie diet

**Other Ingredients:** None

**Free of:** sugar, soy, dairy, yeast, gluten, corn and additives.

**Directions:** As a dietary supplement, take 50 mg (rounded 1/64 tsp) to 200 mg (rounded 1/16 tsp) daily, or every other day, or as directed by physician.

### US Standard Measuring Spoons

Spoon Size (level)	milligrams
1/64 teaspoon	43
1/32 teaspoon	86
1/16 teaspoon	173

**Warning:** This product is not intended for use by those with a serious medical condition or pregnant or lactating women. Consult your physician before use. Keep out of reach of children.

These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.