



Glycine Powder

Storage: Keep dry, cool & dark

250g (8.82oz)

Lot Number: 20130327

Date of manufacture Mar 27 2013

Supplement Facts

Serving Size 1000 milligrams

Servings per container: 250

Amount Per Serving	% Daily Value**
Glycine 1000 mg	*

* Daily Value not established.

** Based on 2,000 calorie diet

Other Ingredients: None

Free of: Sugar, soy, dairy, yeast, gluten, corn and additives.

Directions: As a dietary supplement, take 1000mg (a scant 1/4 teaspoon) one to three times per day, depending on individual needs, or as directed by a physician.

US Standard Measuring Spoons

Spoon Size (level)	milligrams
1/8 teaspoon	571
1/4 teaspoon	1142
1/2 teaspoon	2285

Warning: This product is not intended for use by those with a serious medical condition or pregnant or lactating women. Consult your physician before use. Keep out of reach of children.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.