

Alpha-linolenic acid (ALA) and linoleic acid (LA) must come from the diet because they cannot be made by the body. ALA, an omega-3 fatty acid, is converted in the body to the fatty acids eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). Consumption of omega-3 fatty acids supports cardiovascular health.***
ΔThis Super Omega-3 contains more EPA/ DHA per softgel, compared to Country Life's Omega-3.
As this product is derived from fish oil, it is third party tested for heavy metals and toxins such as mercury and lead to ensure purity and safety.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER

NO YEAST, CORN, WHEAT OR MILK
NO SALT, SUGAR OR PRESERVATIVES
NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
NO MAGNESIUM STEARATE
NO GMOs

Lot No:

Best by:

This product has been manufactured at a GMP Registered facility.



ESTABLISHED
— 1971 —
**Country
Life**

SUPER OMEGA-3 — CONCENTRATED —

Fish Body Oils
Certified Gluten-Free

- Supports cardiovascular health***
- High levels of EPA/DHA (400 mg/200mg) in 1 softgelΔ

Dietary Supplement **60** Softgels

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take one (1) softgel daily. For best utilization, take with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 softgel

Amount Per Serving	% Daily Value	
Calories	10	
Total Fat	1 g	1%*
Polyunsaturated Fat	1 g	**
Cholesterol	<5 mg	<1%*
Marine Lipid Oil Concentrate (anchovy, sardine, mackerel) providing:	1,000 mg (1 g)	**
Eicosapentaenoic Acid (EPA)	400 mg	**
Docosahexaenoic Acid (DHA)	200 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Gelatin, glycerin, purified water (capsule shell). Contains fish (anchovy, sardine, mackerel). 100% bovine gelatin, BSE-free. **CAUTION:** If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur. **Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.**

Manufactured for Country Life, LLC
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Product No. 4511