

**SUGGESTED USAGE:** 4 capsules daily preferably with meals or as directed by a Healthcare Professional. For best results, take 2 capsules with 8 ounces of water before breakfast and again before dinner. This product should be used in conjunction with a sensible diet and exercise program.

**NOTE:** If you are pregnant or nursing, consult your Healthcare Professional before using.

**KEEP OUT OF THE REACH OF CHILDREN.**

**CAUTION:** Do not exceed recommended dose. Avoid taking this product in conjunction with other dietary supplements which contain high levels of elemental chromium. This product is not intended for pregnant or nursing mothers or children under the age of 18. If you are diabetic, or have a known medical condition, consult your physician prior to taking this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish. Do not use if seal under cap is broken or missing. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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# LEAN COMPLEX

Multi

## MAXIMUM FAT BURNING FORMULA

**WEIGHT MANAGEMENT,  
ENERGY, PERFORMANCE &  
METABOLISM SUPPORT**

90 CAPSULES

**DIETARY  
SUPPLEMENT**



## Supplement Facts

Serving Size 4 Capsules  
Servings Per Container: 22.5

| Amount Per Serving                 | %Daily Value |
|------------------------------------|--------------|
| Vitamin C (ascorbic acid)          | 60mg 100%    |
| Vitamin B-6 (pyridoxine hcl)       | 25mg 1250%   |
| Chromium (picolinate)              | 200mcg 167%  |
| GLA (Gamma-Linolenic Acid)         | 100mg *      |
| CLA (Conjugated Linolenic Acid)    | 50mg *       |
| Bladderwrack (algae powder)        | 50mg *       |
| Choline Bitartrate                 | 500mg *      |
| Inositol                           | 500mg *      |
| Gymnema Sylvestre Leaf Powder      | 100mg *      |
| Garcinia Cambogia (50% HCA)(fruit) | 200mg *      |
| L-Carnitine (as tartrate)          | 25mg *       |
| Turmeric Root (95% extract)        | 25mg *       |
| CoQ10                              | 5mg *        |

Proprietary Blend 1,003mg \*  
Consisting of: Kelp Powder, Spirulina Algae Powder, L-Phenylalanine, L-Tyrosine, L-Methionine, Bromelain, Psyllium Husk Powder, Uva Ursi Leaf Powder, Juniper Berry Powder, Buchu Leaf Powder, Cloves Stem Powder, Allspice, Cinnamon Bark Powder, Cranberry Fruit Powder & Grapefruit Fruit Powder.

\*Daily Value not established.

**OTHER INGREDIENTS:** Gelatin (bovine), vegetable magnesium stearate and silicon dioxide.