*Esmondnatural integrated health*

**DIRECTIONS:**
For adults, take two (2) tablets daily as a dietary supplement. As a reminder, discuss the supplements and medications you take with your health care providers.

**KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT.**

**TAMPER RESISTANT:** DO NOT USE IF IMPRINTED SEAL UNDER CAP IS BROKEN OR MISSING.

**WARNING:** If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**MANUFACTURED BY:**
ESMOND NATURAL, INC.
IRWINDALE, CA 91706 USA
MADE IN USA

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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QUALITY YOU CAN TRUST SINCE 1994

GMP

ESMOND NATURAL®

# LUTEIN COMPLEX

Supports eye health*

60 TABLETS

Dietary Supplement

## Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

| Amount per Serving | | % Daily Value |
|---|---|---|
| Vitamin A (as Retinyl Palmitate and 25% as Beta-Carotene) | 4,500mcg | 500% |
| Vitamin C (as Ascorbic Acid) | 100mg | 167% |
| Vitamin E (as d-Alpha-Tocopheryl Succinate) | 20mg | 134% |
| Thiamin (Vitamin B1) (as Thiamin Hydrochloride) | 4.5mg | 300% |
| Riboflavin (Vitamin B2) | 5.1mg | 300% |
| Niacin (as Niacinamide) | 20mg | 100% |
| Calcium | 224mg | 22% |
| Zinc (as Zinc Oxide) | 15mg | 100% |
| Selenium (as Selenomethionine) | 70mcg | 100% |
| Copper (as Copper Gluconate) | 2mg | 100% |
| Proprietary Blend (Taurine, Eyebright Herb, Betaine HCL, Bromelain, Bilberry Fruit Extract, Papain, Digezyme® (amylase, protease, cellulase, galactohydrolase lactase), Ginger Root, Lutein, Zeaxanthin) | 365mg | * |

+Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

**OTHER INGREDIENTS:** Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Croscarmellose Sodium, Magnesium Stearate, Silica.