



RASPBERRY LEMONADE FLAVOR

IONIC-FIZZ™

# Super D-K Calcium Plus™

Calcium & Magnesium with 13 Co-Nutrients  
Supports Healthy Bones, Stress Response,  
Heart Health, Healthy Sleep Patterns\*

14.82 OZ (420 G) | 2 MONTHS SUPPLY | DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1 Scoop (7 g)  
Servings Per Container: 60

|                                                                               | Amount Per Serving | %DV   |
|-------------------------------------------------------------------------------|--------------------|-------|
| Vitamin A (as beta carotene) (150 mcg)                                        | 250 IU             | 17%   |
| Vitamin C (as ascorbic acid)                                                  | 250 mg             | 278%  |
| Vitamin D3 (as VitaShine™ vegan cholecalciferol) (25 mcg)                     | 1000 IU            | 125%  |
| Vitamin K2 (as menaquinone-7) (VitaMK7®)                                      | 45 mcg             | 38%   |
| Vitamin B6 (as pyridoxine HCl)                                                | 1 mg               | 59%   |
| Folate (as Quatrefolic® (6S)-5-Methyltetrahydrofolate acid, glucosamine salt) | 50 mcg             | 13%   |
| Vitamin B12 (as methylcobalamin)                                              | 30 mcg             | 1250% |
| Calcium (from Calcium lactate)                                                | 250 mg             | 19%   |
| Magnesium (from Magnesium carbonate)                                          | 300 mg             | 71%   |
| Zinc (as Zinc lactate)                                                        | 2 mg               | 18%   |
| Copper (from Copper gluconate)                                                | 0.25 mg            | 28%   |
| Manganese (from Manganese gluconate)                                          | 1 mg               | 43%   |

|                                        | Amount Per Serving | %DV |
|----------------------------------------|--------------------|-----|
| Potassium (from Potassium bicarbonate) | 100 mg             | 2%  |
| Bamboo extract (stem and leaf)         | 60 mg              | *   |
| Beet root powder                       | 25 mg              | *   |
| Ionic Sea Minerals                     | 10 mg              | *   |
| Boron (from Boron citrate)             | 500 mcg            | *   |

\*Daily Value (DV) not established.

**Other Ingredients:** citric acid, stevia leaf extract, natural raspberry fruit powder (flavor), natural raspberry (flavor), fructooligosaccharides, lo han extract (fruit), natural lemon fruit powder (flavor), natural lime powder (flavor), natural lemon (flavor), natural lime (flavor), natural berry acai (flavor)

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Ionic-Fizz™ Super D-K Calcium Plus™ is a tasty powder delivering pure, ionic, highly absorbable calcium and magnesium in their perfect, 5:6 ratio for maximum bioavailability. It also provides 45 mcg of vitamin K2 and 1000 IU's of vitamin D3 along with 13 other co-nutrients and 72 trace minerals. These factors create a complete nutritional system that support:

- ✓ Healthy Bones\*
- ✓ Muscle Comfort\*
- ✓ Healthy Blood Sugar Levels\*
- ✓ Breast, Prostate, Heart Health\*
- ✓ Healthy Stress Response & Sleep Patterns\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Suggested Use:** (1) scoop daily (an hour before bed if used to support sleep). Stir in warm or cold water or your favorite beverage.

**Storage:** Keep closed in a cool, dry place.

**Caution:** Keep all supplements out of children's reach. Not intended for use during pregnancy.

**Does NOT Contain:** wheat, milk, tree nuts, peanuts, soy, eggs, fish, shellfish



EXPIRATION & LOT #

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