



IONIC-FIZZ™

# Super D-K Calcium Plus™

Calcium & Magnesium with 13 Co-Nutrients  
Supports Healthy Bones, Stress Response,  
Heart Health, Healthy Sleep Patterns\*

14.82 OZ (420 G) | 2 MONTHS SUPPLY DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1 Scoop (7 g)  
Servings Per Container: 60

|                                                                              | Amount Per Serving | %DV   |
|------------------------------------------------------------------------------|--------------------|-------|
| Vitamin A (as beta carotene) (150 mcg)                                       | 250 IU             | 17%   |
| Vitamin C (as ascorbic acid)                                                 | 250 mg             | 278%  |
| Vitamin D3 (as VitaShine™ vegan cholecalciferol) (25 mcg)                    | 1000 IU            | 125%  |
| Vitamin K2 (as menaquinone-7) (VitaMK7®)                                     | 45 mcg             | 38%   |
| Vitamin B6 (as pyridoxine HCl)                                               | 1 mg               | 59%   |
| Folate (as Quatrefolic® (6S)-5-Methyltetrahydrofolic acid, glucosamine salt) | 50 mcg             | 13%   |
| Vitamin B12 (as methylcobalamin)                                             | 30 mcg             | 1250% |
| Calcium (from Calcium lactate)                                               | 250 mg             | 19%   |
| Magnesium (from Magnesium carbonate)                                         | 300 mg             | 71%   |
| Zinc (as Zinc lactate)                                                       | 2 mg               | 18%   |
| Copper (from Copper gluconate)                                               | 0.25 mg            | 28%   |
| Manganese (from Manganese gluconate)                                         | 1 mg               | 43%   |

|                                        | Amount Per Serving | %DV |
|----------------------------------------|--------------------|-----|
| Potassium (from Potassium bicarbonate) | 100 mg             | 2%  |
| Bamboo extract (stem and leaf)         | 60 mg              | *   |
| Ionic Sea Minerals                     | 10 mg              | *   |
| Boron (from Boron citrate)             | 500 mcg            | *   |

\*Daily Value (DV) not established.

**Other Ingredients:** citric acid, fructooligosaccharides, stevia leaf extract, natural orange fruit powder (flavor), lo han extract (fruit), natural vanilla (flavor), natural mango (flavor), natural peach (flavor)

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Ionic-Fizz™ Super D-K Calcium Plus™ is a tasty powder delivering pure, ionic, highly absorbable calcium and magnesium in their perfect, 5:6 ratio for maximum bioavailability. It also provides 45 mcg of vitamin K2 and 1000 IU's of vitamin D3 along with 13 other co-nutrients and 72 trace minerals. These factors create a complete nutritional system that support:

- ✓ Healthy Bones\*
- ✓ Muscle Comfort\*
- ✓ Healthy Blood Sugar Levels\*
- ✓ Breast, Prostate, Heart Health\*
- ✓ Healthy Stress Response & Sleep Patterns\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Suggested Use:** (1) scoop daily (an hour before bed if used to support sleep). Stir in warm or cold water or your favorite beverage.

**Storage:** Keep closed in a cool, dry place.

**Caution:** Keep all supplements out of children's reach. Not intended for use during pregnancy.

**Does NOT Contain:** wheat, milk, tree nuts, peanuts, soy, eggs, fish, shellfish

