Body Dynamics
Dynamic Energy provides a broad range of nutrients and natural energizers which have been shown to optimize and augment different aspects of your metabolism to maximize the sheer power, and endurance you need for your exercise program and daily activities.*

Rhodiola Rosea Extract The main ingredient in Dynamic Energy has been shown to be effective for improving mood and alleviating depression. It improves both physical and mental performance. The effects attained by this herb are attributed to its ability to optimize serotonin and dopamine levels.*

Acai Berry The benefits of the acai berry include its anti-inflammatory, antibacterial, antioxidant and antimutagenic properties. It has been known to be beneficial to the cardiovascular system. Acai contains omega-3, omega-6 as well as omega-9 which aid in lowering "bad" cholesterol.*

Mangosteen is a dark purple fruit from Canada and Hawaii. It contains xaonthones. Xanthones have been found to support and enhance the body's immune system. Mangosteen has also been found to have anti-inflammatory, antimicrobial, antifungal, and antiseptic properties.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING KEEP OUT OF REACH OF CHILDREN

BODY DYNAMICS





DIETARY SUPPLEMENT

DYNAMIC ENERGY AND FOCUS

Rhodiola Rosea, Acai, Mangosteen Goji, Pomagranite and Noni



90 CAPSULES



Supplement Facts
Serving Size 3 Capsules Servings Per (Servings Per Container 30

Amount Per Servings %DV

Rhodiola Rosea Extract 300 mg Proprietary Herbal Blend 685 mg

Maca Root Extract, Cha de Burge Leaf Powder, Acai (Cabbage Palm) Fruit Powder, Astragalus Root Extract, Eleuthero Root Extract, Goji (Lycium) Fruit Powder, Green Tea Leaf Extract, Mangosteen Fruit Powder, Noni fruit Extract, Asian (Panax Ginseng) Root Extract, Pomagranite Seed Extract, Schizandra Fruit Extract, Sea Buckthorn Fruit Juice Powder

† Percent Daily Values (DV) not established

OTHER INGREDIENTS:

Hydroxypropyl Methylcellulose, Microcrystalline Cellulose, Silicon Dioxide and Magnesium Stearate.

SUGGESTED USAGE:

Take (1) to (3) capsules per day as needed for energy and well being. For best results take after a small meal 30 minutes prior to physical activity.

Formulated and Distributed by:

Body Dynamics, Inc. Carrólltón, TX 75007

1-800-MEGA-910 www.bodydynamics.com

