



ANCIENT NUTRIENTS

Blood Builder[†]

Enzyme Activated Iron
Co-Enzymated B-2,
B-6 and B-12
New Zealand Liver



WHOLE FOOD DIETARY SUPPLEMENT
60 CAPSULES

Suggested Use: Adults take 2 capsules per day with 8oz of water or your favorite beverage. Can be taken with or without food.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin C*	35 mg	39%
Vitamin B6 (as pyridoxine-5 phosphate)	63 mg	3706%
Folate (as (6S)-5-methyltetrahydrofolate, glucosamine salt)	900 mcg DFE	225%
Vitamin B12 (as methylcobalamin)	20 mcg	833%
Iron**	27 mg	150%

Ancient Nutrients TCM Blend

+
Bovine Liver, Beef Bone Broth, Chicken Bone Broth, Organic Codonopsis Root Extract, Organic Bai-Zhu Atractylodes Root Extract, Organic Dong Quai Root Extract, Organic Astragalus Root Extract, Organic Chinese Peony Root Extract, Organic Reishi Mushroom Extract, Wild Hake Roe

+ Daily Value (DV) not established.

Other ingredients: *Saccharomyces cerevisiae*, gelatin.

CONTAINS: Hake. *Probiotic Fermented Nutrient **Enzyme Activated Mineral (6S)-5-methyltetrahydrofolate, glucosamine salt is protected by **US Patent No. 7,947,662**

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Do not use if product has been opened or tampered with in any way.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, or are otherwise under medical supervision. Store in a cool, dry place. Do not use if product has been opened or tampered with in any way. **Keep out of reach of children.** Contains no filler ingredients, artificial flavors, colors, sweeteners or preservatives.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

LANCA00880

Manufactured for:



Ancient Nutrition, LLC
2000 Mallory Lane
Suite 130-307
Franklin, TN 37067

www.AncientNutrition.com



8 16401 02341 4