

Body Dynamics
DIM Estro Clean Complex

DIM is a natural metabolite of compounds found in cruciferous vegetables. These compounds have distinct benefits for both men and women. Preclinical research shows that DIM increases the level of "good" estrogens (2-hydroxyestrogen) while reducing the level of "bad" estrogens (16-hydroxyestrogen). This good estrogen correlated with healthy breast, and endometrial tissues among women. In men, a healthier prostate and balance of testosterone to estrogen providing for more free (unbound) testosterone circulating in the body. Balancing these hormones leads to lean body mass, and a more efficient metabolism.†

Maxzorb Nutrition has combined DIM with Indol-3 Carbinol, antioxidant vitamins E, C-ester, and D-3 along with 9 herbs that encourage better absorption of DIM, healthier immune function and reduced inflammation throughout the body.†

Suggested Usage: 1 capsule twice daily with a meal.

† These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Formulated and Distributed by:
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BODY DYNAMICS

MaXzorb™
NUTRITION



DIETARY SUPPLEMENT

DIM
ESTRO CLEAN COMPLEX



GLUTEN FREE

90 CAPSULES

Supplement Facts

Serving Size 2 Vegetable Capsules

Servings Per Container 45

	Amount Per Serving	%DV
Vitamin C (as Ascorbyl Palmitate)	200 mg	335%
Vitamin D3 (as Cholecalciferol)	1000 IU	250%
Vitamin E (as d-alpha tocopheryl acid succinate)	60 IU	200%
Diindolemethane (DIM)	100 mg	*
Indole-3-Carbinol	50 mg	*
EstroPurePlex Blend:	640 mg	*

Broccoli Extract (BroccoSinolate) 4% Glucosinolates Sprouts, Florets and Seeds, Rosemary Leaf Extract, Turmeric Root Extract, Soursop (Graviola) Fruit Extract, Green tea Leaf Extract 50% Polyphenols, Nettle Root Extract, Resveratrol (from Japanese Knotweed Extract Root), Chrysin, CoEnzyme Q10

* Percent Daily Values are not established

Other Ingredients: Hydroxypropyl Methylcellulose, Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide. **Free Of:** Yeast, dairy, egg, gluten, wheat, sugar, starch, salt, and preservatives.

