



IONIC-FIZZ™

Super D-K Calcium Plus™

Calcium & Magnesium with 13 Co-Nutrients
Supports Healthy Bones, Stress Response,
Heart Health, Healthy Sleep Patterns

7.41 OZ (210 G) | 1 MONTH SUPPLY

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Scoop (7 g)
Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin A (as beta carotene) (150 mcg)	250 IU	17%
Vitamin C (as ascorbic acid)	250 mg	278%
Vitamin D3 (as VitaShine™ vegan cholecalciferol) (25 mcg)	1000 IU	125%
Vitamin K2 (as menaquinone-7)(VitaMK7®)	45 mcg	38%
Vitamin B6 (as pyridoxine HCl)	1 mg	59%
Folate (as Quatrefolic® (6S)-5-Methyltetrahydrofolic acid, glucosamine salt)	50 mcg	13%
Vitamin B12 (as methylcobalamin)	30 mcg	1250%
Calcium (from Calcium lactate)	250 mg	19%
Magnesium (from Magnesium carbonate)	300 mg	71%
Zinc (as Zinc lactate)	2 mg	18%

	Amount Per Serving	%DV
Copper (from Copper gluconate)	0.25 mg	28%
Manganese (from Manganese gluconate)	1 mg	43%
Potassium (from Potassium bicarbonate)	100 mg	2%
Bamboo extract (stem and leaf)	60 mg	*
Beet root powder	25 mg	*
Ionic Sea Minerals	10 mg	*
Boron (from Boron citrate)	500 mcg	*

*Daily Value (DV) not established.

Other Ingredients: citric acid, fructooligosaccharides, natural raspberry fruit powder (flavor), natural raspberry (flavor), stevia leaf extract, lo han extract (fruit), natural lemon fruit powder (flavor), natural lime powder (flavor), natural lemon (flavor), natural lime (flavor), natural berry acai (flavor)

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Ionic-Fizz™ Super D-K Calcium Plus™ is a tasty powder delivering pure, ionic, highly absorbable calcium and magnesium in their perfect, 5:6 ratio for maximum bioavailability. It also provides 45 mcg of vitamin K2 and 1000 IU's of vitamin D3 along with 13 other co-nutrients and 72 trace minerals. These factors create a complete nutritional system that support:

- ✓ Healthy Bones
- ✓ Muscle Comfort*
- ✓ Healthy Blood Sugar Levels*
- ✓ Breast, Prostate, Heart Health*
- ✓ Healthy Stress Response & Sleep Patterns*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Suggested Use: (1) scoop daily (an hour before bed if used to support sleep). Stir in warm or cold water or your favorite beverage.

Storage: Keep closed in a cool, dry place.

Caution: Keep all supplements out of children's reach. Not intended for use during pregnancy.

Does NOT Contain: wheat, milk, tree nuts, peanuts, soy, eggs, fish, shellfish



EXPIRATION & LOT #

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