



IONIC-FIZZ™

Super D-K Calcium Plus™

Calcium & Magnesium with 13 Co-Nutrients

Supports Healthy Bones, Stress Response,
Heart Health, Healthy Sleep Patterns

7.41 OZ (210 G) | 1 MONTH SUPPLY

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Scoop (7 g)
Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin A (as beta carotene) (150 mcg)	250 IU	17%
Vitamin C (as ascorbic acid)	250 mg	278%
Vitamin D3 (as VitaShine™ vegan cholecalciferol) (25 mcg)	1000 IU	125%
Vitamin K2 (as menaquinone-7)(VitaMK7®)	45 mcg	38%
Vitamin B6 (as pyridoxine HCl)	1 mg	59%
Folate (as Quatrefolic® (6S)-5-Methyltetrahydrofolic acid, glucosamine salt)	50 mcg	13%
Vitamin B12 (as methylcobalamin)	30 mcg	1250%
Calcium (from Calcium lactate)	250 mg	19%
Magnesium (from Magnesium carbonate)	300 mg	71%
Zinc (as Zinc lactate)	2 mg	18%

	Amount Per Serving	%DV
Copper (from Copper gluconate)	0.25 mg	28%
Manganese (from Manganese gluconate)	1 mg	43%
Potassium (from Potassium bicarbonate)	100 mg	2%
Bamboo extract (stem and leaf)	60 mg	*
Ionic Sea Minerals	10 mg	*
Boron (from Boron citrate)	500 mcg	*

*Daily Value (DV) not established.

Other Ingredients: citric acid, fructooligosaccharides, stevia leaf extract, natural orange fruit powder (flavor), lo han extract (fruit), natural vanilla (flavor), natural mango (flavor), natural peach (flavor)

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Formulated & Distributed By

Pure Essence Laboratories, Inc., P.O. Box 95397, Las Vegas, NV 89193

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Ionic-Fizz™ Super D-K Calcium Plus™ is a tasty powder delivering pure, ionic, highly absorbable calcium and magnesium in their perfect, 5:6 ratio for maximum bioavailability. It also provides 45 mcg of vitamin K2 and 1000 IU's of vitamin D3 along with 13 other co-nutrients and 72 trace minerals. These factors create a complete nutritional system that support:

- ✓ Healthy Bones
- ✓ Muscle Comfort*
- ✓ Healthy Blood Sugar Levels*
- ✓ Breast, Prostate, Heart Health*
- ✓ Healthy Stress Response & Sleep Patterns*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Suggested Use: (1) scoop daily (an hour before bed if used to support sleep). Stir in warm or cold water or your favorite beverage.

Storage: Keep closed in a cool, dry place.

Caution: Keep all supplements out of children's reach. Not intended for use during pregnancy.

Does NOT Contain: wheat, milk, tree nuts, peanuts, soy, eggs, fish, shellfish



EXPIRATION & LOT #

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