

Chromium helps to promote sugar metabolism while Apple Pectin is a natural ingredient well known for its nutritional goodness.* Vitamin B-6 supports protein and energy metabolism. *

Directions:

For adults, take three (3) tablets daily, preferably with a meal.

Other Ingredients:

Vegetable Cellulose, Dicalcium Phosphate.

Contains <2% of: Silica, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains soy ingredients.



MANUFACTURED BY:

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MADE IN USA

EXP 09.21

Herbal health
Since 1994



Weight Management

90 TABLETS



Esmondnatural  *Integrated health*

Supplement Facts

Serving Size 3 Tablets

Servings Per Container 30

Amount Per Serving	%Daily	Value
Calories	5	
Total Carbohydrate	2 g	1%**
Dietary Fiber	<1 g	3%**
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg	1,250%
Calcium	123 mg	12%
Phosphorous	96 mg	10%
Chromium (as Chromium Amino Acid Chelate)	200 mcg	167%
Sodium	60 mg	3%
Apple Cider Vinegar	720 mg	***
Apple Pectin (fruit)	150 mg	***
Gymnema (Gymnema sylvestre) (leaf)	600 mg	***
L-Carnitine	300 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.