

Recommended Dose: Take 2 capsules 2 times daily or as recommended by your health professional. **Warning:** If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Use only if safety seal is intact. Store in a cool, dry place. Keep out of the reach of children.

[†] This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Contents may not fill package in order
to accommodate required labeling.
Please rely on stated quantity.

v2 **415-90U**
Manufactured for
Seroyal USA
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GENESTRA
BRANDS®

GLA 90 Black Currant Oil

Dietary Supplement

Promotes skin health[†]

90 SOFTGEL CAPSULES

Supplement Facts

Serving Size 2 Capsules
Servings per Container 45

	Amount Per Serving	% DV
Calories	10	
Total Fat	1 g	1% ^
Black Currant (<i>Ribes nigrum</i>) Seed Oil	1,000 mg	*
Yielding		
GLA (Gamma-Linolenic Acid)	170 mg	*
ALA (Alpha-Linolenic Acid)	130 mg	*
LA (Linoleic Acid)	430 mg	*
OA (Oleic Acid)	90 mg	*
SDA (Stearidonic Acid)	24 mg	*

* Daily value (DV) not established

^ Percent daily values (DV) are based on a 2,000 calorie diet

Other ingredients: Gelatin, glycerin, purified water