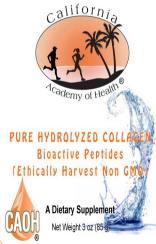
Marine Grade Collagen Powder



Supplement Facts* Serving Size: 1 Tablespoon Approximately 6 g per serving Servings Per Container: 30

APS (amount per serving) APS % D.V.* Calories 45 Protein 11 a 35 mg 2% Sodium (Naturally Occurring) Note: ~6 grams per tablespoon is an average. Individual use may yield slightly less or slightly more than 6 grams. Typical Amino Acid Profile Per Serving** Alanine 1.686 ma Arginine 532 ma Aspartic Acid 510 mg Glutamic Acid 883 mg Glycine 4.075 mg Histidine†† 86 mg Hydroxylysine 94 mg 968 mg Hydroxyproline 115 mg Isoleucine†† Leucinett 238 mg 326 mg Lysinett 127 mg Methionine++ Phenylalanine†† 168 mg Proline 1.243 mg Serine 373 ma

298 mg

10 ma

266 ma

Other Ingredients: Hydrolyzed marine collagen peptides [from non-GMO verified, wild ethically caught Pacific Snapper). (% D.V.) Percent Daily Values based on 2000 Calorie diet.

Percent Daily Value not established.

Threoninett

ttEssential Amino Acids Natural variations may occur.

Tyrosine

Valinett

combine two scoops into your favorite beverage or mea once daily and mix thoroughly.

Helpful Tip: Collagen Peptides may clump in cold water. To enjoy Collagen Peptides in cold liquid, simply mix into room temperature liquid first and then add ice.

Options To Enjoy:

shakes & smoothies. Also great in cereals, soups or As we age, collagen begins to deplete, leading to signs yogurt for additional nutritional support. Allergen warning: Contains fish.

Warnings: Collagen is not a complete protein. Do not use to replace dietary protein or for weight reduction. Storage Information: Store at room temperature, in a dry

place. Protect product from excessive heat, freezing, humidity, and light. Caution: Keep out of reach of children and pets. Consult with a qualified healthcare professional prior to using this product, especially if you are pregnant, nursing, have

diagnosed medical conditions, or are taking prescription

medications. Do not exceed recommended daily intake.

This product is packaged by weight, not by volume. Settling of contents occurs over time and cannot be avoided. Variations in aroma, color, taste and solubility may occur.

Suggested Use: As a dietary supplement, healthy adults California Academy of Health (CAOH)

www.caoh.com info@caoh.com Email: Phone: 800-643-7188

Collagen is found naturally in the body and makes up about 70% of protein in the skin. It keeps skin, bones, Add to your morning coffee/tea, orange juice or protein and joints strong, acting as glue to hold tissues together. of aging like wrinkles, sagging skin, and joint pain. Supplementing with collagen, however, may help reduce these symptoms.

> wild Pacific Snapper and has the highest bio-availability of all collagen supplements. With COLLAGEN TYPE 1, 2, AND 3: Marine Collagen includes collagen Types 1, 2, AND 3. Most other brands will often only contain one or two types of marine collagen. With our formula, you get all 3 types rich in Amino Acids.

> This collagen powder is sourced from ethically caught



