

May regulate physical function. *

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT.

TAMPER RESISTANT: DO NOT USE IF IMPRINTED SEAL UNDER CAP IS BROKEN OR MISSING.

MANUFACTURED BY:
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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



LOT1904137
EXP04-23

Herbal health
Since 1994



Prenatal Tablet

DIETARY SUPPLEMENT

Maintain Health
Regulate Physical
Function



60 TABLETS

Supplement Facts	
Serving Size 1 Tablet	
Amount Per Serving	%Daily Value
Beta Carotene	1080 IU *
Vitamin A	1000 IU 20%
Vitamin C	125mg 208%
Vitamin D3	400IU 100%
Vitamin E	30 IU 100%
Vitamin B1	3.75 mg 250%
Vitamin B2	3.75 mg 221%
Niacin	22 mg 110%
Vitamin B6	10 mg 500%
Folic acid	1 mg 250%
Vitamin B12	10 mcg 167%
Biotin	30 mcg 10%
Pantothenic Acid	10 mg 100%
Calcium	200 mg 20%
Iron	28 mg 156%
Magnesium	100 mg 25%
Manganese	5 mg 250%
Chromium	25 mcg 21%
Zinc	20 mg 133%
Copper	1 mg 50%
Kelp	150 mcg *
Amylase	2 mg *
Bromelain	2 mg *
Lipase	2 mg *
Rutin	1.6 mg *
Papain	2 mg *
Hesperidin complex	1.6 mg *
Citrus Bioflavonoids	1.6 mg *
Acerola Berry Powder	1.6 mg *
Rose Hip Fruit Powder	1.6 mg *
*Daily Value not established.	

OTHER INGREDIENTS:

Dicalcium Phosphate, Vegetable Cellulose, Vegetable Stearic Acid.
Contains <2% of: Silica, Vegetable Magnesium Stearate.

DIRECTIONS:For adults, take one (1) tablet daily, preferably with meals.
As a reminder, discuss the supplements and medications you take with your health care providers.