

B-Complex with Electrolyte Support from Organic Coconut Water, Superior Absorption, Stimulant Free, Vegan, Gluten, Sugar and Soy Free.

Safety: Keep out of reach of children. If you are pregnant, nursing, or have any medical condition, consult with a healthcare professional before using.

Made in the U.S.A.

Suggested Use: Take 1 teaspoon daily with food. Shake well. Refrigerate after opening. Should be taken with food. May be mixed with juice of best taste. Settling is normal. Protect from heat, light, & moisture. As with any natural product, color and taste may vary.

Free of artificial colors or flavors, gluten, milk, salt, soy, starch, sugar, wheat, or yeast.

California Academy of Health (CAOH)

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**With Electrolytes
Folic Acid &
No Flush Niacin**



Liquid Complete B™ Advanced Formula



100% Natural
Nutritional Supplement
8 fl oz. (237 ml)



Supplement Facts#

Serving Size: 1 Teaspoon (5 ml)

Servings Per Bottle: ~47

Ingredient Blend	Amount Per Serving	% Daily Value
Calories	12	
Total Carbohydrates	2.5 g	<1%
Sugars	0 g	*
Thiamine (as Thiamine Hcl) (B1)	20 mg	1,333%
Riboflavin (as Riboflavin USP, Riboflavin 5 phosphate) (B2)	40 mg	2,353%
Niacin (as Niacinamide, Inositol hexanicotinate USP) (B3)	40 mg	200%
Pyridoxine (as Pyridoxine HCL, Pyridoxal 5 phosphate) (B6)	50 mg	2,500%
Folic Acid	400 mcg	1,000%
Methylcobalamin (B12)	200 mcg	3,333%
Biotin	300 mcg	100%
Pantothenic Acid (as D-Calcium pantothenate) (B5)		
Potassium (Citrate)	90 mg	3%
L-Carnosine	50 mg	*
Choline	25 mg	*
Organic Coconut water (source of natural electrolytes)	4700 mg	*
Eleuthero (Eleutherococcus senticosus) 0.8% total Eleuthero-sides	10 mg	*

OTHER INGREDIENTS: 100% pure aloe vera juice, xanthan gum, citric acid, natural flavoring, Stevia (Stevia rebaudioside, potassium sorbate (to preserve freshness), potassium benzoate (to preserve freshness).

* Percent Daily Values are based on 2000 calorie diet.
** Percent Daily Value not established.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.