Recommended Dose: Take 1 capsule 2 times daily with meals or as recommended by your health professional. Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Keep out of the reach of **children.** Use only if safety seal is intact. Store in a cool, dry place.

[‡]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

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GLA 130 Primrose Oil

Dietary Supplement

Promotes skin health[‡]

90 SOFTGEL CAPSULES

Supplement Facts

Serving Size 1 Capsule Sarvings par Container 90

Amount	t Per Serving	% D\
Calories	15	
Total Fat	1.5 g	2%
Polyunsaturated Fat	1g	*
Evening Primrose (<i>Oenothera biennis</i>) Seed Oil	1,300 mg	*
Yielding		
GLA (Gamma-Linolenic Acid)	130 mg	*
LA (Linoleic Acid)	960 mg	*
OA (Oleic Acid)	70 mg	×
PA (Palmitic Acid)	78 mg	*

^{*} Daily value (DV) not established

Other ingredients: Capsule (bovine gelatin, glycerin, purified water), d-alpha tocopherol

Spot UV Location



[^] Percent daily values (DV) are based on a 2,000 calorie diet