



Diindolylmethane (DIM)

For best results, refrigerate upon arrival.

Storage: Keep dry, cool & dark

10g (0.35oz)

Lot Number:

Date of manufacture

Supplement Facts

Serving Size 200 milligrams

Servings per container: 50

Amount Per Serving	% Daily Value**
Diindolylmethane (DIM) 200mg	*

* Daily Value not established.

** Based on 2,000 calorie diet

Other Ingredients: None

Free of: Sugar, soy, dairy, yeast, gluten, corn and additives.

Directions: As a dietary supplement, take 100 mg (1/16 tsp) to 200 mg (1/8 tsp) once or twice daily, or as directed by physician.

US Standard Measuring Spoons

Spoon Size (level)	milligrams
1/32 teaspoon	57
1/16 teaspoon	114
1/8 teaspoon	229

Warning: This product is not intended for use by those with a serious medical condition or pregnant or lactating women. Consult your physician before use. Keep out of reach of children.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.