PROFESSIONAL USE ONLY

DIRECTIONS: Take one capsule one to two times daily, or as directed by your healthcare practitioner.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Do not use if tamper seal is damaged.

Methyl Shield is a comprehensive formula designed to support optimal methylation and help maintain healthy homocysteine levels already within normal range. It features five key nutrients that are involved in homocysteine metabolism: foliate as calcium folinate and Quatrefolic® for increased bioactivity; trimethylglycine; and vitamins B12, B6, and B2. These five nutrients, provided in activated forms, support enhanced methylation and overall cardiovascular health.*

'These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: Keep closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, corn, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.





Methyl Shield

Optimal Methylation Support Formula*

dietary supplement

gluten free · dairy free · soy free · nut free

120 Vegetarian Capsules

Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 120

A	Amount Per Serving	%Daily Value
Riboflavin (as riboflavin 5'-phosphate sodium)	25 mg	1923%
Vitamin B6 (as pyridoxal 5'-phosphate)	10 mg	588%
Folate 2000 mcg DFE 500% (1000 mcg DFE as calcium folinate and 1000 mcg DFE as Quatrefolic® (6S)-5-methyltetrahydrofolic acid, glucosamine salt)		
Vitamin B12 (as methylcobalamin)	1000 mcg	41,667%
Betaine Anhydrous (trimethylglycine)	500 mg	
• Daily Value not established.		

Other Ingredients: HPMC (capsule), stearic acid, silica, microcrystaline cellulose magnesium stearate, and medium-chain triplyceride oil.



Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US patent 7,947,662.

Manufactured in a GMP compliant facility.



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