

Our multi-vitamin is designed to boost overall wellness.* Each tablet contains rich ingredients with antioxidant properties that will support the immune system and benefit prostate and cardiovascular health.

WARNING: This product is intended for use by men and is not for use by pregnant or nursing women. Avoid this product if you have Wilson's disease or have allergies to tomatoes. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT.

TAMPER RESISTANT: DO NOT USE IF IMPRINTED SEAL UNDER CAP IS BROKEN OR MISSING.

MANUFACTURED BY:

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Herbal health
Since 1994

**ESMOND[®]**
NATURAL

Men's Vitality Complex

DIETARY SUPPLEMENT

Male Fertility*
Boosts energy*
Supports Heart*

60 TABLETS

Esmondnatural  *Integrated health*

Supplement Facts

Serving Size 2 Tablets

Amount Per Serving	%Daily Value	
Vitamin A (as Beta-Carotene)	7,000 IU	140%
Vitamin C (as Ascorbic Acid)	300 mg	500%
Vitamin D3 (as Cholecalciferol)	200 IU	50%
Vitamin E	50 IU	167%
(as d-Alpha Tocopheryl Acetate)		
Vitamin K1 (as Phytonadione)	76 mcg	95%
Vitamin B1	30 mg	2,000%
(as Thiamin Mononitrate)		
Vitamin B2 (Riboflavin)	30 mg	1,765%
Niacin (as Niacinamide)	30 mg	150%
Vitamin B6	30 mg	1,500%
(as Pyridoxine Hydrochloride)		
Folic Acid	400 mcg	100%
Vitamin B12	300 mcg	5,000%
(as Cyanocobalamin)		
Biotin	500 mcg	167%
Pantothenic Acid	30 mg	300%
(as d-Calcium Pantothenate)		
Calcium	200 mg	20%
(as Calcium Carbonate)		
Iodine (as Potassium Iodide)	1,500 mcg	1000%
Magnesium (as Magnesium Oxide)	100 mg	25%
Manganese	2 mg	100%
(as Manganese Gluconate)		
Chromium	200 mcg	167%
(as Chromium Picolinate)		
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (Sodium Selenate)	200 mcg	400%
Copper (as Copper Oxide)	2 mg	100%
Potassium (as Potassium Chloride)	30 mg	1%

Damiana Leaf	70 mg
Oat Straw	70 mg
L-Carnitine	50 mg
Flaxseed	50 mg
Garlic (bulb)	10 mg
L-Arginine	50 mg
L-Cysteine	50 mg
Saw Palmetto (fruit)	50 mg
Alpha Lipoic Acid	40 mg
Pumpkin Seed	30 mg
Bilberry	25 mg
Citrus Bioflavonoids (fruit)	25 mg
Glucosamine Hydrochloride	25 mg
Grape Seed	25 mg
Pygeum bark	25 mg
Choline (as Choline Bitartrate)	10 mg
Inositol	10 mg
L-Methionine	10 mg
Oyster Shell	10 mg
PABA (Para-Aminobenzoic Acid)	10 mg
Cayenne Pepper (fruit)	5.5 mg
Alfalfa	4.5 mg
Soy Lecithin	4 mg
Parsley (leaf)	3.5 mg
Sarsaparilla (root)	3 mg
Watercress (plant)	2.5 mg
Spirulina (Spirulina platensis) (plant)	10 mg
Coenzyme Q-10	1 mg
Lutein	20 mg
Lycopene	4 mg
Super Oxide Dismutase	4 mg
Pine Bark Extract	2 mg

*Daily Value not established.

OTHER INGREDIENTS:

Dicalcium Phosphate, Vegetable Cellulose, Vegetable Stearic Acid. Contains <2% of: Silica, Vegetable Magnesium Stearate.

DIRECTIONS: For adult men, take one (1) to two (2) tablets daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.