



Inspired by TCM

New Zealand Liver: *Ancient Nutritional Powerhouse*

Fo-Ti Extract: *Premier Herb for Healthy Living*

Rehmannia Extract: *Tonic Herb of the Highest Order*



**ADAPTOGENIC
HERBS**



**ENZYME
ACTIVATED**



**ANCIENT
SUPERFOODS**



**FERMENTED
HERBS**



Ancient Nutrition for the Modern World

Formulated using the Traditional Chinese Method (TCM) of Super Nutrition, Ancient Nutrients Vitamin B-12 formula combines:

- The highest-quality, potent and effective co-enzymated Vitamin B-12 (methylcobalamin)
- Herbal extracts including Fo-Ti
- Ancient superfoods including tonic mushrooms, bone broth, liver from New Zealand cattle, wild fish roe and more—for a breakthrough in B-12 supplementation.



Dr. Axe
FORMULA

www.AncientNutrition.com

Manufactured for:



Ancient Nutrition, LLC
2000 Mallory Lane
Suite 130-307
Franklin, TN 37067

www.AncientNutrition.com



**ANCIENT
NUTRITION**

ANCIENT NUTRIENTS

Vitamin B-12

Methylated B-12
Ancient Superfoods
Adaptogenic Herbs
Reishi Mushroom Extract



WHOLE FOOD DIETARY SUPPLEMENT
30 CAPSULES

Suggested Use: Adults take 1 capsule per day with 8oz of water or your favorite beverage. Can be taken with or without food.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin B12 (as methylcobalamin)	20 mcg	833%

Ancient Nutrients TCM Blend	635 mg	+
Bovine Liver, Organic Rehmannia Root Extract, Organic Fo-Ti Root Extract, Chicken Bone Broth, Beef Bone Broth, Organic Reishi Mushroom Extract, Organic Licorice Root Extract, <i>Rosa roxburghii</i> Fruit Extract, Tienchi Ginseng Root Extract, Wild Hake Roe		

+ Daily Value (DV) not established.

Other ingredients: *Saccharomyces cerevisiae*, gelatin.

CONTAINS: Hake.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, or are otherwise under medical supervision. Store in a cool, dry place. Do not use if product has been opened or tampered with in any way. **Keep out of reach of children.** Contains no filler ingredients, artificial flavors, colors, sweeteners or preservatives.



PGNPB00917 AN
Vitamin B-12 22691A
0619



8 16401 02335 3

PGNPB00917