

## Curcumin 95% Turmeric Extract

Derived from Curcuma longa

DO NOT TAKE if you have a known allergy to ginger.

Storage: Keep dry, cool & dark 50g (1.76oz) Lot Number: Date of manufacture

## Supplement Facts

Serving Size 1000 milligrams Servings per container: 50

Amount Per Serving	% Daily Value**	
Curcumin/Turmeric Extract Powder 1000 mg		*
Standardized to contain >95% Curcuminoids 950 mg		*
* Daily Value not established. ** Based on 2,000 calorie diet		

Other Ingredients: None

Free of: Sugar, soy, dairy, yeast, gluten, corn and additives.

Directions: As a dietary supplement, take 1000 mg (scant 1/2 tsp) daily, or as directed by physician.

US Standard Measuring Spoons	
Spoon Size (level)	milligrams
1/4 teaspoon	620
1/2 teaspoon	1242
1 teaspoon	2484

Warning: This product is not intended for use by those with a serious medical condition or pregnant or lactating women. Consult your physician before use. Keep out of reach of children.