

R-alpha lipoic acid is an antioxidant that protects against free radicals.\*\* It has been heat stabilized. This formula includes 30 mg R-alpha-lipoic acid and 270 mg alpha-lipoic acid.

\*\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

<b>YES</b> CERTIFIED GLUTEN-FREE BY GFCO.ORG	<b>NO</b> YEAST, CORN OR WHEAT
<b>YES</b> CERTIFIED VEGAN BY THE AVA	<b>NO</b> SOY, MILK OR SUGAR
<b>YES</b> RECYCLABLE PACKAGING	<b>NO</b> PRESERVATIVES
<b>YES</b> MANUFACTURING SUPPORTS WIND POWER	<b>NO</b> ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
<b>YES</b> KOSHER	<b>NO</b> MAGNESIUM STEARATE

This product has been manufactured at a GMP Registered facility.

Lot No:

Best by:



Dietary Supplement **60** Tablets

— Our PLEDGE of INTEGRITY —  
AUTHENTICITY • CLEANLINESS • FRESHNESS  
CONSISTENCY • ACCURACY

ESTABLISHED  
— 1971 —  
**Country  
Life**

# ACTIVE LIPOIC ACID

300 mg

Certified Gluten-Free

- Heat Stable R-Lipoic Acid
- Protects against free radicals\*\*

**Directions:** Adults take one (1) tablet daily with food or as directed by a health care professional. As a reminder, discuss the supplements and medications that you take with your health care providers.

## Supplement Facts

Serving Size 1 tablet

Amount Per Serving	% Daily Value	
Biotin (as d-Biotin)	1,000 mcg (1 mg)	3,333%
Calcium (as calcium hydroxyapatite)	60 mg	5%
Phosphorus (as calcium hydroxyapatite)	31 mg	2%
Lipoic Acid Complex (includes alpha-Lipoic Acid and R-alpha-Lipoic Acid)	300 mg	*

\* Daily Value not established.

Other Ingredients: Cellulose, stearic acid, cellulose & glycerin coating, silica, vegetable glaze. **CAUTION:** Not for use by pregnant or nursing women. If you are diabetic or hypoglycemic, taking medication, planning a surgery, or have a medical condition, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur. **Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.**

Manufactured by Country Life, LLC  
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CountryLifeVitamins.com  
Product No. 1651