13 VITAMINS & MINERALS

SUGGESTED USE: 2 gummies daily or as directed by a healthcare professional. Do not exceed 3 gummies daily.

CAUTION: Take only as directed. Do not exceed suggested dosage. Pregnant or nursing mothers or individuals with a known medical condition or taking medication should consult a physician before using this or any dietary supplement. This product may settle during shipping. Natural colors will darken over time. This does not alter the potency of the product. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

WARNING: This product is not recommended for children under 2 years of age do to risk of choking. Product should be fully chewed under adult supervision.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HAV-MVGK-200-1

HAVASU® NUTRITION

MULTIVITAMIN GUMMIES FOR KIDS

SUPPORTS NORMAL GROWTH & OVERALL HEALTH*

VARIETY OF NATURAL FLAVORS

60 GUMMIES • DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size: 2 Gummies
Servings Per Container: 30

Amount Per Serving		%DV 2-4 Yrs	%DV 4 Yrs & Up**
Calories	15		
Total Carbohydrate	4 g	3%	1%**
Total Sugars	3 g	†	†
Includes 3g Added Sugars		12%	6%**
Vitamin A (Palmitate)	630 mcg RAE	210%	70%
Vitamin C (Ascorbic Acid)	20 mg	133%	22%
Vitamin D (Cholecalciferol)	10 mcg (400 IU)	67%	50%
Vitamin E (dl-Alpha Tocopheryl Acetate)	7.43 mg	124%	50%
Vitamin B-6 (Pyridoxine Hydrochloride)	2 mg	400%	118%
Folate (Folic Acid)	442 mcg DFE (260 mcg Folic Acid)	295%	111%
Vitamin B-12 (Cyanocobalamin)	6 mcg	667%	250%
Biotin (Biotin)	60 mcg	750%	280%
Pantothenic acid (Calcium D-Pantothenate)	5.2 mg	260%	104%
Iodine (Potassium Iodine)	42 mcg	47%	28%
Zinc (Zinc Citrate)	2.7 mg	90%	25%
Choline (Choline Bitartrate)	0.04 mg	0%	0%
Sodium	10 mg	1%	0%**
Inositol (Inositol Niacinate)	40 mcg	†	†

** Percent Daily Value based on a 2,000 calorie diet.
† % Daily Value (DV) not established

Other Ingredients: Glucose syrup, sugar, water, pectin, citric acid, sodium citrate, natural flavors, for color (annatto, turmeric, elderberry juice), coconut oil and carnauba wax.

ALLERGEN WARNING: CONTAINS TREE NUTS (COCONUT OIL).

MANUFACTURED FOR:
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