

## Natrol® B-Complex Fast Dissolve:

- Delivers energy support†
- Supports a healthy nervous system†
- Contains all B Vitamins
- Fast Dissolve form-take anytime, anywhere, no water needed

**Contains:** Wheat and Tree Nuts (Coconut)

**NO:** Milk, Egg, Fish, Crustacean Shellfish, Peanuts, Soybeans, Yeast, Artificial Colors or Flavors, or Preservatives

**WARNING:** Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating.

**STORE IN A COOL, DRY PLACE.**  
**KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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# NATROL®

## B-Complex

### ENERGY SUPPORT

**FAST  
DISSOLVE**

Promotes Energy†

Supports a Healthy  
Nervous System†

Contains All B Vitamins



COCONUT  
NATURAL FLAVOR



VEGETARIAN

**90 TABLETS**

DIETARY SUPPLEMENT

**Directions:** Take 1 tablet in the morning and 2 in the afternoon. No water necessary.

## Supplement Facts

**Serving Size:** 1 Tablet

**Servings Per Container:** 90

| Amount Per Serving                              |         | %DV    |
|-------------------------------------------------|---------|--------|
| Vitamin B-1<br>(as Thiamine Hydrochloride)      | 0.50 mg | 40%    |
| Vitamin B-2 (Riboflavin)                        | 0.57 mg | 45%    |
| Vitamin B-3 (as Niacinamide)                    | 3.33 mg | 20%    |
| Vitamin B-6 (as Pyridoxine HCl)                 | 0.67 mg | 40%    |
| Vitamin B-12 (as Cyanocobalamin)                | 10 mcg  | 420%   |
| Biotin                                          | 333 mcg | 1,110% |
| Pantothenic Acid<br>(as D-Calcium Pantothenate) | 1.67 mg | 35%    |
| Coconut Powder (4:1)                            | 167 mg  | *      |

\*Daily Values (DV) not established.

**Other Ingredients:** Xylitol, Maltodextrin, Dextrose, Cellulose Gum, Croscopidone, Silicon Dioxide, Microcrystalline Cellulose, Stearic Acid, Magnesium Stearate, Natural Flavor, Methylcellulose, Hypromellose.

**Manufactured by NATROL LLC, Chatsworth, CA 91311, USA**  
**1-800-2-NATROL (800-262-8765) • [www.natrol.com](http://www.natrol.com)**

LOT/EXP: