



Coenzyme Q10 (COQ10) Japan

**This product is highly susceptible to oxidation -
Keep airtight!**

Storage: Keep dry, cool & dark

25g (0.88oz)

Lot Number:

Date of manufacture

Supplement Facts

Serving Size 200 milligrams

Servings per container: 125

Amount Per Serving	% Daily Value**
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Coenzyme Q10 (Ubiquinone) 200 mg	*
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* Daily Value not established.

** Based on 2,000 calorie diet

Other Ingredients: None

Free of: sugar, soy, dairy, yeast, gluten, corn and additives

Directions: As a dietary supplement, take 50 mg (1/32 tsp) to 200 mg (1/8 tsp) depending on individual needs, or as directed by physician.

Caution: Do not exceed 800 mg per day.

US Standard Measuring Spoons

Spoon Size (level)	milligrams
1/32 teaspoon	52
1/16 teaspoon	105
1/8 teaspoon	211

Warning: This product is not intended for use by those with a serious medical condition or pregnant or lactating women. Consult your physician before use. Keep out of reach of children.

These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.