

Vision Essentials Gold®, with 17 ingredients for unsurpassed eye support, including visual function, light adaptation, reduced eye fatigue and strain from extended digital light exposure.¹

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

Setria® is a registered trademark of KYOWA HAKKO BIO Co., Ltd.

Lutemax® 2020 is a trademark of OmniActive Health Technologies, Ltd.

Due to the nature of these ingredients, color variation may occur.

¹These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



WHITAKER NUTRITION

Vision Essentials GOLD®

FOR MACULAR AND VISION HEALTH¹

Doctor-formulated with 17 powerful ingredients including 40 mg of Lutemax® 2020 lutein



Dietary Supplement

120 CAPSULES

Doctor's Suggested Use: Take 4 capsules once daily with a meal.

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

Amount Per Serving	% DV
Vitamin A (as beta-carotene)	1,500 mcg RAE 167%
Vitamin C (as ascorbic acid)	100 mg 111%
Zinc (as zinc oxide)	25 mg 227%
Copper (as copper chelate)	2 mg 222%
Taurine	600 mg *
Berry Vision Complex: Black Currant Extract (fruit), Maqui Berry Powder (<i>Aristotelia chilensis</i> , fruit), Goji Berry Extract (<i>Lycium barbarum</i> , fruit), Bilberry Extract (fruit)	300 mg *
Carrot Powder (root)	260 mg *
N-Acetyl L-Cysteine	260 mg *
Schisandra Extract (berry)	160 mg *
Lutein (from marigold flower)(Lutemax® 2020)	40 mg *
L-Glutathione (from fermentation)(Setria®)	20 mg *
Zeaxanthin Isomers (from marigold flower; containing a minimum of 2 mg of meso-zeaxanthin)(Lutemax® 2020)	8 mg *
Lycopene (from tomato fruit)	3 mg *

*Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, gelatin, magnesium stearate, silica

Precautions: Consult a health care practitioner before use if you are pregnant or nursing, have a serious medical condition, or use any medication.

Keep out of reach of children.

Distributed by Healthy Directions, Bethesda, MD 20817
www.healthydirections.com



Please see bottom of bottle for Lot No. and Expiration Date

SKU: VEG 02 C14000, 2019 R-2

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