



Coenzyme Q10 (COQ10) USA

Highly susceptible to oxidation

Keep airtight!

Storage: Keep dry, cool & dark

10g (0.35oz)

Lot Number:

Date of manufacture

Supplement Facts

Serving Size 200 milligrams

Servings per container: 50

Amount Per Serving	% Daily Value**
Coenzyme Q10 (Ubiquinone) 200mg	*

* Daily Value not established.

** Based on 2,000 calorie diet

Other Ingredients: None

Free of: Sugar, Soy, Dairy, Yeast, Gluten, Corn and Additives.

Directions: As dietary supplement, take 50 mg (rounded 1/32 tsp) to 200 mg (rounded 1/8 tsp) depending on individual needs, or as directed by physician. **Caution:** Do not exceed 800 mg per day.

US Standard Measuring Spoons

Spoon Size (level)	milligrams
1/32 teaspoon	39
1/16 teaspoon	78
1/8 teaspoon	157

Warning: This product is not intended for use by those with a serious medical condition or pregnant or lactating women. Consult your physician before use. Keep out of reach of children.