

**Clinically Shown to Improve
Memory and Recall†**

Natrol® Cognium® Memory keeps your mind sharp and your memory strong. Clinical studies show improvements in healthy adults in as little as four weeks.†

Safe and Stimulant Free
www.CogniumMind.com

Vegetarian

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

‡ In healthy adults.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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NATROL®

BRAIN
HEALTH

COGNIUM®

MEMORY

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60 TABLETS
DIETARY SUPPLEMENT

Directions: Take 1 tablet in the morning and 1 tablet in the evening with a meal.

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% Daily Value
Silk Protein Hydrolysate (60%)	100 mg *

* Daily Value (DV) not established.

Other Ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Maltodextrin, Glyceryl Monostearate, Croscarmellose Sodium, Silicon Dioxide, Stearic Acid, Magnesium Stearate, Methylcellulose, Glycerin.

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Yeast, Artificial Colors or Flavors

Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or if you are pregnant or lactating.

Manufactured by NATROL LLC
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LOT/EXP: