

MK-7 is menaquinone-7, also known as vitamin K2.

UNCONDITIONALLY GUARANTEED for purity and labeled potency. Store bottle in a cool, dry place.

[®]MenaQ7[®] is a registered trademark of NattoPharma ASA, Norway; Patented in the United States and Canada. US Patent Numbers 8,728,553 & 8,354,129; Canada Patent Number 2,347,387

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



HEALTHY
DIRECTIONS

MK-7

CLINICAL GRADE

For bone health support[†]
Aids in calcium absorption[†]

150 mcg per serving

DIETARY SUPPLEMENT • 30 SOFTGELS

Suggested Use: Take 1 softgel daily.

Supplement Facts

Serving Size: 1 Softgel

Servings Per Container: 30

Amount Per Serving	% DV
Menaquinone-7 (Vitamin K2)(MenaQ7 [®])	150 mcg *

*Daily Value (DV) not established.

Other ingredients: Medium chain triglycerides, gelatin, glycerin, olive oil, purified water



Gluten Free

Precautions: Consult a health care practitioner before use if you take warfarin or other blood thinning products, or are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.

Distributed by Healthy Directions, Bethesda, MD 20817
www.healthydirections.com

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