

Dr. Sinatra's most advanced, patent-pending heart health and healthy aging formula, **Omega Q Plus[®] MAX**, provides support for optimal heart and vascular health, blood flow, brain health, a healthy inflammatory response, cellular energy, and healthy aging.¹

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

Precautions: Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.

Crominex[®] 3+, Capros[®] and PrimaVie[®] are registered trademarks of Natreon, Inc.

CalaMarine[®] is a registered trademark of Pharma Marine AS.

HydroCurc[®] is a registered trademark of Pharmako Biotechnologies Pty. Ltd.

LipiSpense[®] is a registered trademark of Pharmako Biotechnologies.

Hydro Q-Sorb[®] is a registered trademark of Tishcon Corp.

¹These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Dr. Sinatra

**Omega
Q Plus[®]
MAX**

100 mg of CoQ10

Resveratrol

Turmeric

Dietary Supplement

60 Softgels

Doctor's Suggested Use: Take 2 softgels once daily with a meal.

Supplement Facts

Serving Size: 2 Softgels
Servings Per Container: 30

Amount Per Serving	% DV
Calories	20
Total Fat	1.5 g 2%*
Cholesterol	<5 mg 2%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal-5-phosphate)	30 mg 1,765%
Folate	667 mcg DFE (400 mcg folic acid) 167%
Vitamin B12 (as cyanocobalamin)	500 mcg 20,833%
Chromium (as Crominex [®] 3+ chromium stabilized with Capros [®] standardized Amla Extract (fruit), PrimaVie [®] purified and standardized Shilajit)	400 mcg 1,143%
CalaMarine [®] Oil Concentrate (from squid)	1,250 mg †
DHA (docosahexaenoic acid)	350 mg †
EPA (eicosapentaenoic acid)	200 mg †
L-Carnitine Fumarate	174 mg †
HydroCurc [®] (88% turmeric rhizome extract with LipiSpense [®] providing 100 mg curcuminoids)	125 mg †
Coenzyme Q10 (as ubiquinone)(Hydro Q-Sorb [®])	100 mg †
Trans Resveratrol	30 mg †

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Other ingredients: Gelatin, gamma-cyclodextrin, glycerin, medium chain triglycerides, purified water, yellow beeswax, sunflower lecithin, mixed tocopherols (preservative), annatto (color) suspension in sunflower oil, mannitol, silica, lemon oil, microcrystalline cellulose

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www.healthydirections.com



Lot No.

Expiration Date:

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