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Omega Q Plus® is a blend of premium ingredients that provide support for everyday heart health, brain health, and cellular energy.¹

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

Precautions: Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.

Crominex® 3+, Capros® and PrimaVie® are registered trademarks of Natreon, Inc.

CalaMarine® is a registered trademark of Pharma Marine A.S.

Hydro Q-Sorb® is a registered trademark of Tishcon Corp.

¹These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Dr. Sinatra

Omega
Q Plus®

Dietary Supplement

60 Softgels

Doctor's Suggested Use: Take 2 softgels once daily with a meal.

Supplement Facts

Serving Size: 2 Softgels

Servings Per Container: 30

Amount Per Serving		% DV
Calories	20	
Total Fat	1.5 g	2%*
Cholesterol	<5 mg	2%
Vitamin B6 (as pyridoxine HCl, pyridoxal-5-phosphate)	30 mg	1,785%
Folate	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B12 (as cyanocobalamin)	750 mcg	31,250%
Chromium (as Crominex® 3+ chromium stabilized with Capros® standardized Amla Extract (fruit), PrimaVie® purified and standardized Shilajit)	400 mcg	1,143%
CalaMarine® Oil Concentrate (from squid)	1,250 mg	†
DHA (docosahexaenoic acid)	350 mg	†
EPA (eicosapentaenoic acid)	200 mg	†
L-Carnitine Fumarate	174 mg	†
Coenzyme Q10 (as ubiquinone)(Hydro Q-Sorb®)	50 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other ingredients: Gelatin, glycerin, gamma-cyclodextrin, medium chain triglycerides, yellow beeswax, purified water, sunflower lecithin, mixed tocopherols (preservative), annatto (color) suspension in sunflower oil, mannitol, silica, lemon oil, microcrystalline cellulose



SOY FREE



GLUTEN FREE

Distributed by Healthy Directions, Bethesda, MD 20817 www.healthydirections.com

SKU: OCO-02-G17030, 2019 R-2

Expiration Date:

Lot No.