Natrol® Relaxia helps manage occasional stress, anxiety and tension.¹ It is specially formulated with a blend of calming herbals that help you feel calm and balanced throughout the day.¹

- 100% Drug-Free
- . Non-Habit Forming
- Vegetarian
 STORE IN A COOL DRY PLACE

KEEP OUT OF REACH OF CHILDREN.

WARNING: Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs. Do not use if you are pregnant, lactating or under the age of 18 years

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 7413 F: 3003371 J: 2009468-19345



NATR@L°

Relaxia[™]

ULTIMATE CALM

Reduces Occasional Stress, Anxiety & Tension[†]



Directions: Take 1 capsule daily with or without food.

Supplement Facts

Serving Size: 1 Capsule Servings per Container: 30

Amount Per Serving	% DV	
L-Theanine	200 mg	٨
Sensorit® Ashwagandha (Withania Somnifera) Root and Leaf Extract (10% Withanolides)	125 mg	^
5-HTP (5-Hydroxytryptophan) (from Griffonia simplicifolia) (seed)	100 mg	*
Lemon Balm Extract (Aerial)	3 mg	*

Other Ingredients: Hypromellose, Maltodextrin, Rice Powder, Magnesium Stearate, Silicon Dioxide.

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Yeast, Artificial Colors or Flavors, Added Sugar or Preservatives.

*SENSORIL® is a registered trademark of Natreon, Inc.

Manufactured by NATROL LLC Chatsworth, CA 91311 • USA 1-800-2-NATROL (800-262-8765) www.natrol.com