1-800-304-1708 | drsinatra.com

Omega Q Plus® 100 is a blend of premium ingredients that provide advanced support for heart health, brain health, and cellular energy.†

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

Precautions: Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.

Crominex® 3+, Capros® and PrimaVie® are registered trademarks of Natreon, Inc.

CalaMarine® is a registered trademark of Pharma Marine AS.

Hydro Q-Sorb® is a registered trademark of Tishcon Corp.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CALAMARINE

FRIEND OF THE SEA

CONTENTS CERTIFIED NSF

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Dr. Sinatra

Omega Q Plus®

100 mg of CoQ10

Dietary Supplement

60 Softgels

Doctor's Suggested Use: Take 2 softgels once daily with a meal.

Supplement Facts

Serving Size: 2 Softgels
Servings Per Container: 30

Amount Per Serving		% DV
Calories	20	
Total Fat	1.5 g	2%*
Cholesterol	<5 mg	1%
Vitamin B6 (as pyridoxine HCl, pyridoxal-5-phosphate)	30 mg	1,765%
Folate	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B12 (as cyanocobalamin)	750 mcg	31,250%
Chromium (as Crominex® 3+ chromium stabilized with Capros® standardized Amla Extract (fruit), PrimaVie® purified and standardized Shilajit)	400 mcg	1,143%
CalaMarine® Oil Concentrate (from squid)	1,250 mg	‡
DHA (docosahexaenoic acid)	350 mg	‡
EPA (eicosapentaenoic acid)	200 mg	‡
L-Carnitine Fumarate	174 mg	‡
Coenzyme Q10 (as ubiquinone)(Hydro Q-Sorb®)	100 mg	‡

*Percent Daily Values are based on a 2,000 calorie diet. ‡Daily Value (DV) not established.

Other ingredients: Gelatin, gamma-cyclodextrin, medium chain triglycerides, glycerin, yellow beeswax, purified water, sunflower lecithin, mixed tocopherols (preservative), annatto (color) suspension in sunflower oil, mannitol, silica, lemon oil, microcrystalline cellulose

Distributed by Healthy Directions, Bethesda, MD 20817
www.healthydirections.com

SF SOY FREE GF GLUTEN FREE

SKU: OCO 02 G17100, 2019 R-2

Expiration Date:

Lot No.