

Cinnamon Bark Powder Extract

Derived from Cinnamomum cassia Presi, bark

> Storage: Keep dry, cool & dark 250g (8.82oz) Lot Number: Date of manufacture

Supplement Facts

Serving Size 1350 milligrams Servings per container: about 185

Amount Per Serving % Daily Value**

Cinnamon Bark 4:1 Extract *
1350 mg

* Daily Value not established. ** Based on 2.000 calorie diet

Other Ingredients: None

Free of: sugar, soy, dairy, yeast, gluten, corn and additives. Directions: As a dietary supplement, take 675 (1/4 tsp) to 1350 mg (1/2 tsp) up to three times daily with meals, or as directed by physician.

US Standard Measuring Spoons

Spoon Size (level)	milligrams
1/4 teaspoon	671
1/2 teaspoon	1343
1 teaspoon	2686

Warning: This product is not intended for use by those with a serious medical condition or pregnant or lactating women. Consult your physician before use. Keep out of reach of children.