



Suggested Usage: As a dietary supplement, adults take 1 capsule daily or as directed by your health professional.

WARNING: If you are pregnant, nursing, have any health condition or taking any medication, consult your health professional before using this product.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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Gluten-free, Non-GMO

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula # 202485

Magnesium/ Potassium Complex

Dietary Supplement



100 Capsules

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 100

	Amount Per Serving	%DV
Magnesium	90 mg	23%
[as magnesium aspartate/ oxide complex]		
Potassium	90 mg	3%
[as potassium aspartate/ chloride complex]		

%Daily Value (DV)

Other ingredients: Microcrystalline cellulose, gelatin (capsule), ascorbyl palmitate and silica.

Manufactured by: Douglas Laboratories
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